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Research Progress on the Effect of Vitamin D on the Pathogenesis of Kawasaki Disease and the Prediction of Coronary Artery Lesion

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Abstract

Kawasaki Disease (KD), also known as mucocutaneous lymph node syndrome, is a kind of fever rash pediatric disease with systemic vasculitis as the main lesion. Its pathogenesis is not yet completely clear, the main pathological changes is systemic vasculitis, involving the small and medium-sized blood vessels of the body, especially coronary artery lesions are more obvious, can lead to coronary artery aneurysm, even serious sudden death. Because the disease can appear serious cardiovascular complications, has gradually attracted attention, in recent years, its incidence has gradually increased trend, has become one of the common pediatric acquired heart disease etiology. Vitamin D acts on the VDR in various tissues and cells of the human body. Many studies have shown that vitamin D not only participates in the traditional calcium and phosphorus metabolism, but also participates in immune regulation through a variety of mechanisms.

Introduction

Kawasaki Disease (KD), also known as mucocutaneous lymph node syndrome, is a kind of fever rash pediatric disease with systemic vasculitis as the main lesion. Its pathogenesis is not yet completely clear, the main pathological changes is systemic vasculitis, involving the small and medium-sized blood vessels of the body, especially coronary artery lesions are more obvious, can lead to coronary artery aneurysm, even serious sudden death. Because the disease can appear serious cardiovascular complications, has gradually attracted attention, in recent years, its incidence has gradually increased trend, has become one of the common pediatric acquired heart disease etiology. Vitamin D acts on the VDR in various tissues and cells of the human body. Many studies have shown that vitamin D not only participates in the traditional calcium and phosphorus metabolism, but also participates in immune regulation through a variety of mechanisms [1]. Their roles in many human diseases such as cancer, diabetes, hypertension, cardiovascular disease, autoimmune and skin diseases have also been widely studied [2]. At present, the pathogenesis of KD is not completely clear, but most of the international scholars believe that it is an autoimmune disease, and the pathogenesis by many aspects of immune inflammatory factors. In view of the role of vitamin D in the regulation of immune response, and some studies have pointed out that there is a certain correlation between the levels of vitamin D and KD, especially in children with Kawasaki disease and coronary artery damage at low levels [3,4]. Serum 25- (OH) D₃ level in acute stage of Kawasaki disease has important predictive significance for the formation of CAL [5] The correlation between vitamin D and KD has attracted more and more attention in the world. In this paper, the study of vitamin D in recent years and KD in the role of the possible mechanism and vitamin D. Kawasaki disease with coronary artery disease to do a prediction.

Metabolism and Physiological Role of Vitamin D

Vitamin D is a fat-soluble vitamin, and is also an important steroid hormone. There are more than ten known types of vitamin D. But the most important ones are vitamin D₂ and vitamin D₃. Vitamin D₃ is transformed from 7-dehydroxy cholesterol in the epidermis and dermis of higher animals by ultraviolet radiation. VD₃ is then converted by skin warming, then combined with vitamin D binding protein in plasma and transported to the liver, which is hydroxylated by 25-hydroxylase in mitochondria of liver cells. 25- (OH) D₃ is transported to the kidney in blood and hydroxylated by cytochrome P450 in mitochondria of proximal tubular epithelial cells, resulting in the formation of 1,25 - (OH) 2D₃, 1,25- (OH) 2D₃ As the most active form of vitamin D in the blood, it exerts its biological effects by specifically binding to the VDR. VDR in addition to the kidney cells, intestinal epithelial cells, thyroid cells, bone cells and other traditional cells, but also exists in macrophages, NK cells, T cells, B-cells, and other immune cells [6-8]. Vitamin D not only participates in the metabolism of calcium, phosphorus and parathyroid hormone, but also regulates the innate immune response and adaptive immunity by various mechanisms [1,9-11].

Correlation between Vitamin D and Kawasaki Disease

According to related literature, 25- (OH) D₃ levels in children with KD were significantly lower than those in healthy children. It is considered that the decrease of 25- (OH) D₃ level is involved in the pathological process of KD, and the children who have the obvious decrease of the level of 25 (OH) D₃ are more likely to have coronary artery injury [12]. In addition, according to a meta-analysis [13] Concentrations of 25- (OH) D₃ were inversely associated with risk of cardiovascular disease morbidity and mortality, Reduced levels of vitamin D are associated with an increased relative risk of cardiovascular disease, so the extent of the decline is likely to be related to the presence of coronary artery damage in children with KD. According to recent epidemiological data on KD in Japan [14] The incidence of KD presents a certain seasonal: higher in winter (peak in January), Summer and autumn are lower (June to July lowest), which may also be related to shorter sunshine duration and lower



vitamin D levels in winter.

Mechanism of Vitamin D in Kawasaki Disease

At present, the pathogenesis of Kawasaki disease is not completely clear. The possible mechanisms include genetic susceptibility, infection, autoimmune and perinatal exposure [15,16]. Vitamin D may be involved in the regulation of the pathogenesis of Kawasaki disease in the following aspects, of which immune disorders and inflammatory reactions are the most important mechanisms. According to research, [11,17,18], the biological function of most 1,25 (OH) 2D3 is strong and related to the presence of vitamin D receptors (VDR) in almost all immune nuclei (including T cells, dendritic cells, mononuclear cells and macrophages, activated B cells). The specific combination is mediated. CD4+T cells are one of the targets of vitamin D action, which can be divided into Th1 cells, which secrete interleukin (IL)-2, tumor necrosis factor (TNF) beta, interferon (IFN) gamma, thus mediating cell immunity, and Th2 cells mainly secrete IL-6, IL-4, IL-5, IL-10, mediated humoral immunity, both of which are inhibitory T cells. Studies have shown that when VD3 is lacking, Th1 cell activity increases, Th2 cell and regulatory T cell activity weakens, inducing Th1 dominant immune response. VD3 can also bind to the VD reaction element (VDRE) in the IFN- γ promoter area through the VDR complex to directly inhibit the expression of IFN- γ . In addition, vitamin D can inhibit mononuclear. Platelet activation occurred in the acute stage of Kawasaki disease, showing an increase in platelet-derived particle levels and platelet CD41 levels, resulting in the formation of coronary artery thrombosis [22,23]. Vitamin D receptors exist on platelets, so platelet function is affected by vitamin D. When the VD level is within a certain range, with the increase of vitamin D levels, the averages of MPV, P-LCR and PWD gradually decrease [24]. This shows that VD has the effect of inhibiting platelet activation, lipid factor release and inflammation. Vitamin D can reduce the expression of plasminogen activator I, tissue factors and thrombo regulatory proteins. Its lack of adverse effects on hemostasis and thrombosis have been confirmed in vitro and animal experiments [25]. In addition, research shows that platelet activating factor in children with Kawasaki disease (PAF) content is significantly higher than that in healthy children, and the PAF content in the acute coronary artery injury group is higher than that in the non-injury group [26]. At the same time, the haploid type of platelet endothelial cell adhesion molecule 1 Leu-Ser-Arg may also be related to increased platelet count and the subsequent risk of chronic coronary artery lesions. In the process of type I hypersensitivity reaction, IgE level is related to related inflammatory cytokines. The release of these inflammatory factors will also cause platelet activation, accelerate platelet release, and allow many immature large-volume tissues to enter local hematoma, which leads to an increase in MPV levels and thus expressing more Membrane protein molecules accelerate platelet activation, activate platelets or release a large number of bioactive substances, and participate in inflammatory reactions [24]. Therefore, vitamin D deficiency can increase platelet activation and promote inflammatory response through the above-mentioned mechanisms. Endothelial dysfunction is also an important pathogenesis of Kawasaki disease. In mouse experiments using the Kawasaki disease model, it shows [27,28], the number of bone marrow endothelial progenitor cells in the Kawasaki disease mouse model has decreased significantly, and various functions and biological activities are seriously damaged. In the determination of an independent factor in the determination of elevated serum plasminogen activator inhibitor 1 (PAI-1EPC) in children with Kawasaki disease, active vitamin D can improve the activity of endothelin convertase-1 and its mRNA and related proteins by specifically binding vitamin D receptors expressed by endothelial cells. Da, promote endothelin-1 (ET-1) [31], suggesting that vitamin D can promote EPC synthesis. Therefore, vitamin D can improve endothelial cell disorders through the above mechanisms and thus reduce a series of effects caused by endothelial cell disorders in Kawasaki disease. Some of the children with Kawasaki disease are significantly related to infection, and the pathogens of Kawasaki disease are not only related to bacteria and viruses, but may also be related to the increased activity of certain related enzymes of microorganisms such as chlamydia, rickettsia, mycoplasma and mites [32]. Recent studies have shown that bacterial superantigens are related to the etiology of KD. Among them, exogenous antigens are the antigens that cause Kawasaki disease, mainly toxic shock syndrome toxins, Streptococcus A-induced thermal exotoxin A-C, Staphylococcus aureus enterotoxin A-C, suggesting that Kawasaki disease is genetically susceptible [33], caused by physical infection with pathogens. According to the results of Liu Zhiyuan and others [34], when the body lacks 25-(OH) vitamin D3, it causes the body's immune function to decline or even infection. This is mainly because 25-(OH) vitamin D3 can induce the expression of antibacterial peptides that resist bacterial and viral infections by binding to vitamin D receptors on the monocyte membrane, thus playing an immune role. At the same time, it can promote the differentiation of mononuclear cells into phagocytosis cells and enhance the body's resistance. In addition, 25-(OH) vitamin D3 can regulate

the differentiation of antigen presentation cells, the proliferation of lymphocytes and the secretion of cytokines [35]. When the body is attacked by pathogenic microorganisms, 25-(OH) vitamin D3 can accelerate the secretion of anti-inflammatory cytokines and devour pathogens to protect the body from infection. Because Kawasaki disease has obvious differences between races and regions, genetic factors may also play an important role in the pathogenesis of KD. At present, the most extensive research related to KD includes inositol 1,4,5-triphosphate 3 kinase (ITPKC), cystatase 3 (CASP3), B lymphocyte kinase (BLK), CD40, Fc fragments of HLA, TGF- β , and IgG [15], these factors Various pathways can be used to participate in the activation of immune cells such as T cells, B cells and dendritic cells, thus participating in maintaining the corresponding pro-inflammatory and anti-inflammatory balance [20]. Sun Ting [36] and others analyzed DNA methylation chips and gene expression chips by integrating bioinformatics, and found that most of the methylation genes related to Kawasaki disease were in a low methylation state, mainly participating in resonance reactions, inherent immune responses, coagulation and chemokine signaling pathways, and appropriate vitamin D supplementation. It can improve its whole genome methylation level [37], and research on vitamin D and epigenomes also shows that immune-related genes are usually significantly increased by vitamin D, while genes involved in cell metabolism are less sensitive to nuclear hormones. It can be seen that vitamin D can be raised in humans at a certain level. The epigenetics of Kawasaki disease affects the pathogenesis and return of Kawasaki disease. Therefore, when vitamin D is deficient, the release of inflammatory factors can be promoted through the above-mentioned mechanisms, thus damaging vascular endothelial cells, increasing vascular permeability and inducing the occurrence of vasculitis.

Prediction of Vitamin D on Kawasaki Disease Coronary Artery Disease

According to studies such as Zhang Yuanda [1], the level of 25-(OH) D3 in children with K D is significantly lower than that of healthy children. Considering that the decline in the level of 25-(OH) D3 is involved in the pathological process of KD. Most studies believe that children with a significant decline in 25-(OH) D3 levels are more likely to have coronary artery damage [38,39]. It can be seen that the degree of decline in 25-(OH) D3 levels may be related to whether children with KD have coronary artery damage. Therefore, serum 25-(OH) D3 levels in the acute stage of Kawasaki disease are of great predictive significance for CAL formation. However, the average low vitamin D water level of all Kawasaki patients decreased. Some studies have shown [12] that the serum 25-(OH) D3 levels of children with Kawasaki disease combined with CAL was significantly higher than that of non-CAL groups, and the acute 25-(OH) D3 levels increased and CAL occurred. There is a correlation. The diagnostic fold point is 64ng /mL or 65ng /mL, which may cause coronary artery hyper calcification, stimulate increased expression of cytochromes CYP27B1, resulting in an increase in blood 25-(OH) D3 levels [40], and due to inflammation It should be violent, leading to an increase in the number of receptors, resulting in an increase in the level of 25-(OH) D3 [41]. However, whether the vitamin D level is increased or decreased, the above studies have pointed out that serum 25-(OH) vitamin D3 levels in the acute stage are of great predictive significance for the formation of Kawasaki disease combined with CAL.

Conclusion

Vitamin D is closely related to children's Kawasaki disease due to its many effects of immune regulation and anti-inflammatory. Vitamin D deficiency may affect the return of Kawasaki disease and is closely related to Kawasaki disease complicated by coronary damage. However, some children with Kawasaki disease also show elevated vitamin D, which may be related to severe inflammatory reactions, excessive coronary artery calcification, and stimulating increased expression of cytochromes CYP27B1. Because the pathogenesis of Kawasaki disease and vitamin D are mostly adjuvant treatments in the prevention of coronary artery damage of Kawasaki disease, some large-scale clinical trials are still needed for further exploration and confirmation.

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